



Fourth Annual Hands-on Cook-off Contest



Got a recipe?
Share it on video & win prizes worth up to \$1,500!

This BC-wide contest challenges you to team up with a young friend or relative to create a short, 3-minute home video cooking show in celebration of making meals together.

NEW THIS YEAR: Youth can team up with one or more friend(s) to win great prizes for themselves and their school or youth program.

Join in the fun – submit a video by June 2, 2013! Visit bettertogetherbc.ca for contest details. Follow us at: [f /bettertogetherbc](https://www.facebook.com/bettertogetherbc) [t /bettertogether](https://twitter.com/bettertogether) [p /bettertogether](https://www.pinterest.com/bettertogether)

The Hands-On Cook-Off contest is presented by Better Together.
Better Together is a not-for-profit online community forum that celebrates family togetherness at mealtimes.

